



Congregation Beth Emek High Holy Day Minhagim (customs)

May this year be a good year for us

PLEASE READ IMPORTANT INFORMATION

Congregation Beth Emek welcomes everyone, young and old, to attend and participate in High Holy Day services. For High Holy Day worship to be as meaningful and enjoyable as possible, there are some guidelines, which we should all follow.

Sanctuary Entry

Please enter the building through the front door only). Entry through other doors will be restricted.

Please have your ticket at all times.

Entry into the sanctuary for late services will only be allowed after the sanctuary has been emptied.

Attire

The Holy Days are not only a time to meet and greet but also for solemnity and as such attire appropriate for the services is requested. While it is certainly not necessary to attend services in formal attire (a suit or dress), some limitations are necessary. Some general guidelines include:

- **No mini-skirts or mini-shorts**
- **No torn or ripped clothing**
- **No casual shorts or sweat pants**
- **No bare midriff**
- **No T-Shirts**
- **No bare shoulders or thin straps**
(a tallit is not covering for bare shoulders)
- **Please Refrain from wearing colognes, after-shave, cosmetics, or any scented body products out of respect for people with Environmental Sensitivities**

White clothing is traditionally worn on Yom Kippur, and it is also customary for some to wear fiber clothing, including shoes .

Thank you for respecting the customs and atmosphere that the High Holy Days represent.

Environmental sensitivities Cozy seating, enclosed rooms, and length of services all factor in to make High Holy days a difficult environment for the many people who have allergies or reactions such as asthma-like symptoms, migraines, sneezing and coughing from exposure to colognes, after-shave, cosmetics, or any scented body products. Out of respect for people with Environmental Sensitivities **please refrain from wearing chemically scented products to Services.**

Early & Late Service reservations

“Please help us insure we will have seats available for everyone.” Tickets must be reserved for all members of your family who will sit in the sanctuary. Tickets are color coded to reflect which service set you have requested. Those not holding the correct color ticket for the time frame will not be guaranteed a seat in the sanctuary. **TICKETS WILL BE CHECKED BY USHERS AT THE DOOR TO ENSURE SEATING FOR ALL THOSE WHO HAVE RESERVED THEIR TICKETS.**

No tickets are needed to attend Rosh Hashanah second day services, children or youth services, afternoon, Yizkor or N'liah services.

Food and Drink

Food and drink are prohibited from the sanctuary during services and at all times in the synagogue during Yom Kippur.

Use of Electronic Communication Devices and Games Prohibited

Cellular phones and pagers should be placed in silent or vibrate mode. If you do receive a call or a page during services please take the call or respond to the page outside of the sanctuary. Picture taking is strictly prohibited in the sanctuary.

PDA's, electronic gaming devices, and DVD players are strictly prohibited.

Children

Children are always welcome at all services. However, if your child cannot sit through the service, leave the sanctuary with your child so as not to disturb those around you. You are, of course, invited to return to the service with your child at the appropriate time. If your child, of any age, remains outside the sanctuary and not within the childcare locations, we ask that you monitor the behavior of your child(ren). **Childcare is available only with advanced reservations 925-931-1055 x11**

Parking

As always on the holidays, parking in the Temple parking lot is very limited. Please be considerate of all signs indicating reserved or handicapped parking and individuals. If you park illegally, please expect to be ticketed and possibly towed. Kindly follow directions of those directing traffic. **LATE SERVICE PARKING:** Early service attendants will leave the parking lots at 10:30 a.m. & 7:30 p.m.

*Thank you for your understanding and cooperation. L' Shana Tovah,
Rabbi Richard Winer, the Religious Committee, and the High Holy Day Logistics Committee*

Visit the Beth Emek website www.bethemek.org or the Beth Emek office for information on the following:

- **FAQ's about the High Holy Days**
- **Notification to schools for a legally excused absence**
- **High Holy Day volunteer opportunities**